



PENMAENUCHAF

DOLGELLAU

Adventure Itineraries



Discover adventure in Eryri, with Penmaenuchaf as your base

Few places in Britain offer such a varied landscape for adventure as Eryri (Snowdonia). Mountains rise directly behind the house, estuary trails stretch towards the coast and hidden lakes sit quietly between dramatic peaks. Whether you're drawn to long mountain walks, days out on the water or adrenaline-fuelled adventure, this landscape invites you to get outside and explore.

From Penmaenuchaf, many of Eryri's most rewarding experiences are within easy reach, always balanced by returning to the comfort, warmth and atmosphere of the house at the end of the day.



These itineraries are designed for guests who want to experience the more active side of Eryri.

From mountain summits and wild swimming to estuary adventures, mountain biking and guided experiences, each route offers a different perspective on the landscape surrounding Penmaenuchaf.



2-Day Walking Itinerary

Day 1 – Estuary paths and mountain views

Ease into the landscape with one of the region's most rewarding lower-level walks.



10:00am | The Mawddach Trail

Following the old railway line between Dolgellau and Barmouth, the Mawddach Trail is one of the most scenic walking routes in Wales. The path follows the estuary through woodland, open water and wide mountain scenery, with changing views at every turn. The route is gentle and accessible, making it perfect for a relaxed first day in Eryri.



2:30pm | The Precipice Walk

For something slightly more elevated, head up to the famous Precipice Walk just above Dolgellau. Despite its dramatic name, the route is a relatively gentle circular walk, rewarding walkers with sweeping panoramic views across Cadair Idris, the Mawddach Estuary and the surrounding mountains.

Return to Penmaenuchaf in the evening for dinner in Afon Restaurant and a relaxed evening overlooking the hills beyond.

Day 2 – Cadair Idris

Today offers the chance to experience one of Wales' most iconic mountains.



9:00am | Climbing Cadair Idris

Rising majestically behind Penmaenuchaf, Cadair Idris is one of the defining peaks of southern Eryri. A variety of routes allow walkers to tailor the experience to their ability, from more gradual ascents to rewarding summit hikes with dramatic views stretching across mountains, lakes and coastline.

Along the way, the landscape constantly shifts, from rocky paths and mountain lakes to wide open ridges and panoramic viewpoints. For those wanting a gentler alternative, lower valley and lakeside walks can also be arranged with one of our experienced local guides.



3:00pm | Wild swimming in Eryri

After your walk, cool off with a wild swimming experience in one of Eryri's mountain lakes. Surrounded by dramatic scenery and fresh mountain air, it's a memorable way to experience the landscape from a completely different perspective.

Return to Penmaenuchaf in the afternoon or early evening to rest and recover after a memorable day in the mountains.

If you want to extend this into a 3-day walking tour, why not visit Yr Wyddfa (Mount Snowdon)

Day 3 – Yr Wyddfa (Mount Snowdon)



9:00am | Northern Eryri

Travel further north into the national park for a full day exploring the landscapes around Yr Wyddfa (Mount Snowdon), Wales' highest peak. For experienced walkers, a summit route offers an unforgettable day in the mountains, while gentler routes around the surrounding lakes and valleys provide equally spectacular scenery for those seeking a more relaxed pace. There's also the option to combine your walk with the famous mountain railway, allowing you to complete part of the journey by train. For many guests, this offers the perfect balance, taking in the experience of walking on Yr Wyddfa while enjoying a more relaxed descent after a day in the mountains. The journey itself reveals another side of Eryri, with dramatic mountain passes, lakes and wide open landscapes unfolding along the way. Return to Penmaenuchaf for your final evening in the mountains before departure the following morning.



2-Day Adventure Itinerary

Day 1 – Mountain biking and forest trails



10:00am | Coed y Brenin Forest Park

Begin your adventure in one of the UK's best-known mountain biking destinations. Coed y Brenin's extensive network of trails offers routes for a wide range of abilities, from flowing forest tracks to technical descents through woodland and mountains. We can offer guided e-bike experiences here.



2:30pm | Canoeing or paddle boarding on the Mawddach Estuary

In the afternoon, head out onto the water for a canoeing or paddle board experience along the Mawddach Estuary, taking in the landscape from a completely different perspective. Return to Penmaenuchaf for dinner in Afon Restaurant and a relaxed evening after a day outdoors.

Day 2 – Fishing and Zip World



9:00am | Fishing on the Mawddach Estuary

Through the hotel's private fishing rights, guests can enjoy a peaceful morning fishing along the Mawddach Estuary, surrounded by some of the most beautiful scenery in North Wales.



1:30pm | Zip World

For those seeking something faster-paced, spend the afternoon at Zip World, soaring high above the historic slate quarries of North Wales on some of the world's fastest zip lines.

If you're staying for a little longer

Day 3 – Summit day on Yr Wyddfa



8:00am | Yr Wyddfa (Mount Snowdon)

Finish your adventure with one of the most iconic mountain experiences in Wales. Head north into Eryri for a day exploring Yr Wyddfa (Mount Snowdon), where routes can be tailored to different abilities, from steady summit walks to more challenging and technical climbs for experienced hikers. The reward is extraordinary panoramic views across the mountains, lakes and coastline of North Wales.

For those wanting to experience the mountain at a gentler pace after two active days, there's also the option to combine part of the route with the famous mountain railway, allowing you to enjoy the achievement of the climb while taking a more relaxed journey back down. The journey itself reveals another side of Eryri, with dramatic mountain passes, lakes and wide open landscapes unfolding along the way.

Return to Penmaenuchaf for your final evening in the mountains, with dinner in Afon Restaurant and time to unwind after three days spent exploring the wilder side of North Wales.

Enquiries

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